

SAULT COLLEGE OF APPLIED ARTS AND TECHNOLOGY

SAULT STE. MARIE, ONTARIO

**COURSE OUTLINE**

COURSE TITLE: INTRODUCTION TO PSYCHOLOGY

CODE NO.: PSY 102-3

PROGRAM: VARIOUS

SEMESTER: ONE

DATE: SEPTEMBER 1991

AUTHOR: TUT TAMMIK, EXT. 540

New: Revised: ^X

Approved:    
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**INTRODUCTION TO PSYCHOLOGY**

Course Name

**PSY 102-3**

Course Number

**COURSE DESCRIPTION**

A study of the science of psychology; its methods, concepts and theories, including the topic areas of: (1) brain, consciousness and perceptual processes; (2) learning and memory; (3) thought and language; (4) motivation and emotion. Psychological concepts and theories will be studied with a view towards how they can be applied to enhance the student's understanding of psychological adaptation and the causes and consequences of human behaviour.

**COURSE OBJECTIVES:**

To be able to critically discuss and demonstrate, through oral and written responses, an understanding of:

- 1) the methods, concepts and theories of the science of psychology
- 2) the human brain, consciousness and perceptual processes
- 3) the principles of human learning, memory, thought and language
- 4) the basic principles of human emotion and motivational processes
- 5) how psychological concepts and theories can be applied towards enhancing our understanding of the causes and consequences of human behaviour

Note: Students should also refer to the course text's accompanying "study guide" for more specific learning objectives, related to each topic area covered in the course.

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**TEXTBOOKS;**

**Introduction to Psychology-** Second Edition.  
Plotnik, R., Random House, 1989

**Student Organizer and Self Testing Book,**  
Poole, G., Random House, 1989

**Note** Additional readings and student viewings of audio-visual materials will be assigned during the course, at the discretion of the instructor. The **exact dates of tests** referred to in the "Syllabus" section will be announced in class. Students will also be responsible for understanding audio-visual, lecture and class discussion material presented during the course.

**SYLLABUS**

**Topics - Section #1** (assigned readings)

Chapter 1 - (Modules 1, 2, & 3)

- discovering and defining psychology, theories and research methods, determining causes of behaviour

Chapter 2 - (Modules 5 & 6)

- basic organization of the nervous system
- brain function, damage and recovery

**TEST #1** Date T.B.A. (approximately 1/4 point of the semester)  
covering all of section #1 assigned readings

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**Topics - Section #2** (assigned readings)

Chapter 4 - (Modules 10, 11 and 12)

- perception
- interaction of heredity and learning
- expectations, perceptual sets, subliminal perception and E.S.P.

Chapter 5 - (Modules 13, 14 and 15)

- states of awareness
- consciousness, sleep and dreaming
- hypnosis, drugs and awareness

**TEST #2**      Date T.B.A.      (approximately 1/2 point of the semester covering all of section #2 assigned readings)

**Topics - Section #3** (assigned readings)

Chapter 6 - (Modules 16 & 17)

- learning
- classical and operant conditioning
- generalization, discrimination, extinction and punishment

Chapter 7 - (Modules 18 & 19)

- remembering and forgetting
- memory processes and stages
- retrieval, organization of memory and reasons for forgetting

**TEST #3**      Date T.B.A.      (approximately at the 3/4 point of the semester) covering all of section #3 assigned readings

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Topics - Section #4 (assigned readings)

Chapter 8 - (Modules 21 and 22)  
- thought and language

Chapter 9 - (Modules 23, 24, and 25)  
- motivation and emotion; theories and research

**TEST #4** Date T.B.A. at the end of the semester covering all of section #4 assigned readings.

**INSTRUCTIONAL METHODOLOGY;**

Student learning will be facilitated by lectures, class discussions and audio-visual presentations.

**EVALUATION**

Students will be responsible for regular attendance and class participation in all areas of the course as outlined and for all readings assignments and tests as requested. The course curriculum and evaluation system can be modified at the discretion of the instructor.

THE FINAL COURSE GRADE WILL BE DETERMINED AS FOLLOWS:

Section #1 Test	25%
Section #2 Test	25%
Section #3 Test	25%
Section #4 Test	25%
TOTAL	100%

A grade of A+, A, B, C, or R will be awarded upon completion of all of the course, in accordance with the grading policy of Sault College.

A+	-	90	-	100%
A	=	80	-	89%
B	=	70	-	79%
C	=	60	-	69%
R	=	below		60%